

## PAINWEEKEND™



*Pain Management for  
the Main Street Practitioner*

**March 30, 2019**

Indianapolis, IN

### Target audience

The educational design of this activity addresses the needs of frontline clinicians: physicians, nurses, nurse practitioners, physician assistants, and pharmacists involved in managing acute and chronic pain.

### Current clinical climate

Whether you're in a hospital or office-based practice, chronic pain patients are everywhere—and YOU are absorbing the burden of their care.

**Don't run out the back door when a pain patient calls on you—the family practitioner or pain specialist. So many people need your help, and you will get through the current controversies on pain management. Stick with it, learn your licensing board rules and guidelines, and try to follow them. Make your own compliance checklist and really think about what you're documenting. Make sure that you plan ahead and have a valid demonstration of best practices.**

— Jennifer Bolen JD—Founder, Legal Side of Pain

The PAINWeekEnd agenda is purposely constructed for the busy clinician, delivering relevant, practical information, together with the opportunity for interaction and exchange with faculty and fellow attendees.

*Pain Management for the Main Street Practitioner* has been created to streamline the clutter of information on assessment, evolving guidelines, risk management, and changing reimbursement scenarios. Join us for clinical, legal, and practice management CE/CME designed expressly for frontline clinicians. Participants can receive 6.0 CME/CE credits as they expand their capabilities in the assessment, diagnosis, and management of chronic pain conditions.

PAINWeekEnd Regional Conferences are produced by PAINWeek®—the leading pain education resource for frontline practitioners. Chronic pain is a major public health issue and a challenge that primary care clinicians face every day as they absorb the burden of care for aging baby boomers.

### Educational objectives

By participating in PAINWeekEnd, you will be able to:

- Differentiate between nociceptive and neuropathic pain
- Describe the high level of comorbidity between opioid use disorders and chronic pain
- Explain how to plan, present to the patient, and execute an opioid taper
- Identify basic studies used for the diagnosis of pain disorders
- Explain the model of collaborative care and the challenges of setting patient boundaries
- Review the proposed mechanisms of action for gabapentin and pregabalin

### Faculty

**David Cosio** PHD, ABPP

*Licensed Clinical Psychologist*

Jesse Brown VA Medical Center

University of Illinois at Chicago College of Medicine, Pain Medicine

Northwestern Feinberg School of Medicine, Psychiatry and Behavioral Sciences

Chicago, IL

**David M. Glick** DC, DAAPM, CPE, FASPE

*CEO & Medical Director*

HealthQ2

Richmond, VA

**Courtney M. Kominek** PHARM.D, BCPS, CPE

*Clinical Pharmacy Specialist - Pain Management*

Harry S. Truman Memorial

Veterans' Hospital Pharmacy

Columbia, MO

This activity is provided by Global Education Group

5.0 CME/CE hours will be provided by  
Global Education Group

1.0 CME/CE hour will be provided by CME Outfitters  
and USF Health

**Conference slides are available at  
[www.pain.sh/pwe2019s](http://www.pain.sh/pwe2019s)**

### How Do I Obtain My CE/CME Certificate?

Please look for an email from [eval@conexsys.com](mailto:eval@conexsys.com) that will be sent to you 1 week following this PAINWeekEnd program. The email will have your personalized link to complete the online conference evaluation form needed to receive your CE/CME certificate. Upon completion of this form, you will be able to download, print, and save your certificate immediately! **Please** make sure to check your junk mail folder, as this email may be tagged as spam.

SAT 3.30.2019

8:00a – 8:30a

Registration/Exhibits — coffee will be served

8:30a – 9:30a

Pain Pathways Made Simple

David M. Glick DC, DAAPM, CPE, FASPE

UAN 0530-0000-19-041-L01-P

9:30a – 9:40a

Break/Exhibits

9:40a – 10:40a

Unveiling the Mask:

The Relationship of Chronic Pain and Psychopathology

David Cosio PHD, ABPP

UAN 0530-0000-19-042-L01-P

10:40a – 11:40a

Walking the Line: Opioid Dose De-escalation

Courtney M. Kominek PharmD, BCPS, CPE

uan 0530-0000-19-043-L01-P

11:40a – 12:00p

Faculty Q&A

12:00p – 12:10p

Break/Exhibits

12:10p – 1:10p

PDM Lunch\*

Sponsored by SCILEX

1:10p – 2:10p

Precise Prescribing:

Applying the Science of Pain to Treatment Decisions

Presented by CME Outfitters and USF Health. Supported by an educational grant from Johnson & Johnson.

uan 0376-0000-19-015-L01-P

2:10p – 3:00p

Clinical Pearls: Unraveling the Secrets of Imaging Studies

David M. Glick DC, DAAPM, CPE, FASPE

UAN 0530-0000-19-039-L01-P

3:00p – 3:50p

What's All the "GABA" About? Pregabalin and Gabapentin Abuse

Courtney M. Kominek PharmD, BCPS, CPE

uan 0530-0000-19-044-L01-P

NOTES

Series of horizontal lines for taking notes.

Conference slides are available at www.pain.sh/pwe2019s

Accreditation

Physician Accreditation Statement

Global Education Group is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physician Credit Designation

Global Education Group designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Education

Global Education Group is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity for 5.0 contact hours is provided by Global Education Group. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



Pharmacist Accreditation Statement

Global Education Group is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Credit Designation

Global Education Group designates this continuing education activity for 5.0 contact hour(s) (0.5 CEUs) of the Accreditation Council for Pharmacy Education. Please refer to www.painweekend.org to view complete Universal Activity Numbers (UANs).

This is a knowledge based activity.

Nurse Practitioner Continuing Education



Global Education Group is accredited by the American Association of Nurse Practitioners

Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 1561024.

This activity is approved for 5.0 contact hour(s). Activity ID #2608L. For complete Rx hours, please visit www.painweekend.org.

This activity was planned in accordance with AANP CE Standards and Policies.

Disclosure Of Conflicts Of Interest

Global Education Group (Global) requires instructors, planners, managers, and other individuals and their spouse/life partner who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity.

Disclosure of Unlabeled Use

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. Global Education Group (Global) does not recommend the use of any agent outside of the labeled indications.

The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of any organization associated with this activity. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management.

Global Contact Information

For information about the accreditation of this program, please contact Global at (303) 395-1782 or cme@globaleducationgroup.com.

Fee Information & Refund

There is a fee for this activity.

Faculty and courses are subject to change.

Please refer to www.painweekend.org to view course descriptions and disclosures.

\*Product theater, disease awareness, medical information program; not certified for credit.

