

# The Other Opioid Crisis: Heroin and Fentanyl

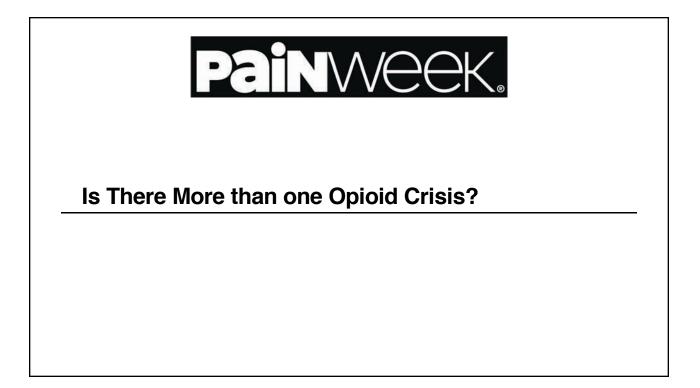
Kevin L. Zacharoff, MD, FACIP, FACPE, FAAP

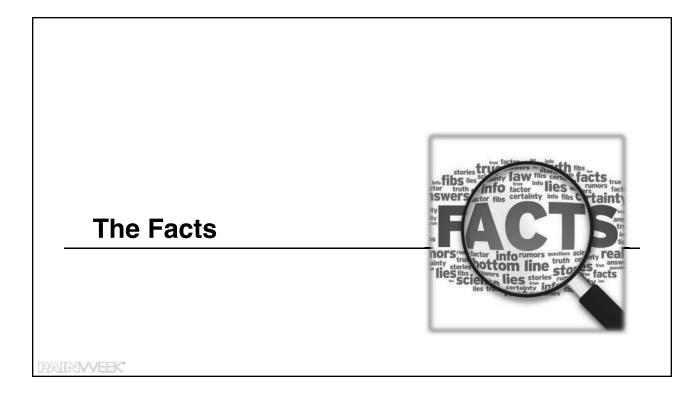
### Disclosures

Nothing to Disclose

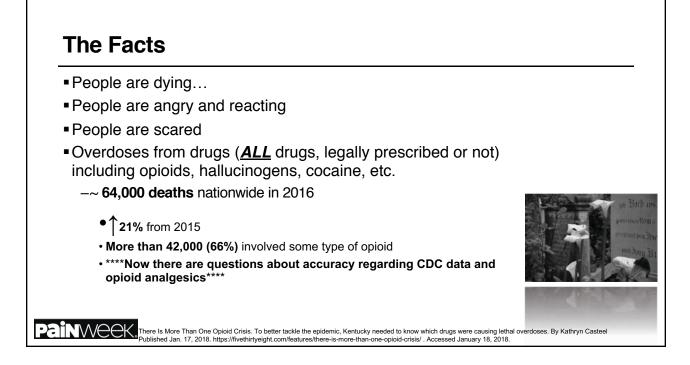
# **Learning Objectives**

- Describe the opioid overdose crisis in the United States today
- Discuss common beliefs and inconsistencies about the role of prescription opioids in the opioid crisis
- Identify the intersection of illicit drug use and clinical pain practice in today's "opioid epidemic"
- Provide clinically relevant recommendations for navigating the current landscape without depriving pain care to patients in need



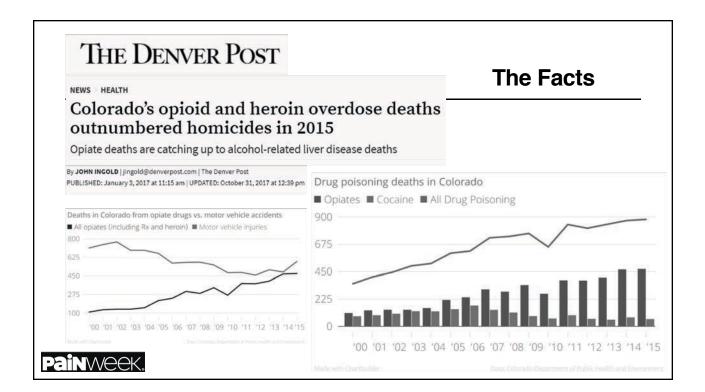


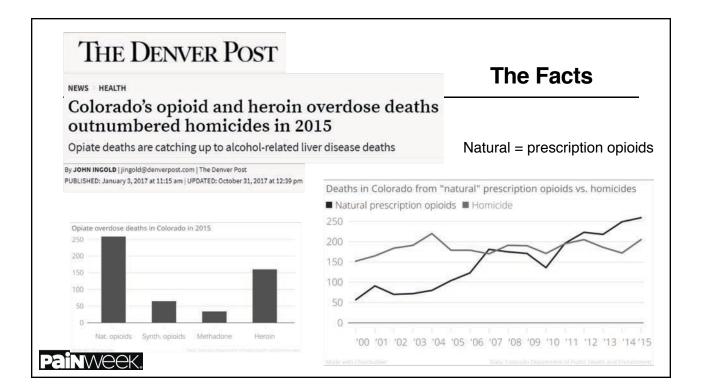


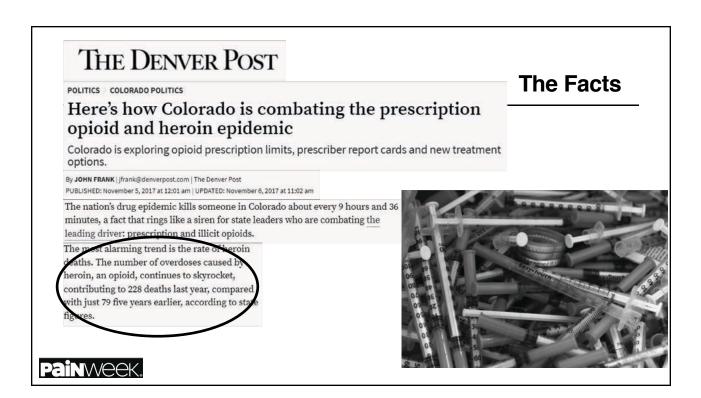


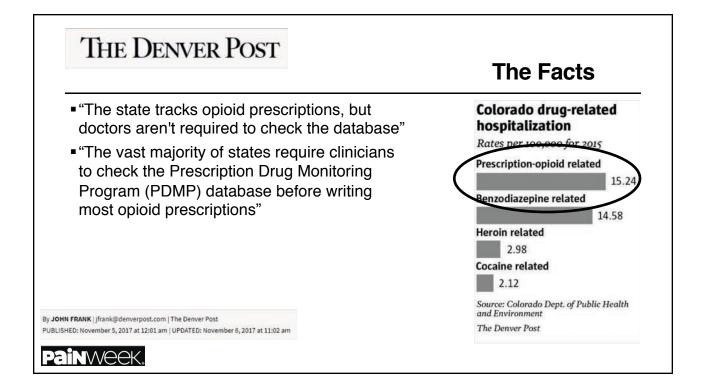
	Identifying drugs	in overdose de	othe		
Drug(s) Responsible May be Unknown	In each state, 2016	in overdose de	atris		
-Overdose is usually about <b>RESPIRATORY</b>		ALL DEATHS	CASES IN WHICH NO DRUG WAS SPECIFIED		
	STATE		TOTAL	SHARE	
DEPRESSION	Louisiana	996	473	47.5%	
- Compting on any and we not we not	Pennsylvania	4,627	2.075	44.8	
Sometimes causes are not reported	Alabama	756	308	40.7	
<ul> <li>May depend on the state</li> </ul>	Montana	119	46	38.7	
	Indiana Delaware	1,526	99	35.8	
<ul> <li>Trends can be difficult to identify</li> </ul>	Nebraska	120	38	30.8	
This may load to a lack of focus	Arkansas	401	115	28.7	
This may lead to a lack of focus	Florida	4.728	1.144	24.2	
	Idaho	243	55	22.6	
	New Jersey	2,056	461	22.4	
	Mississippi	352	78	22.2	
	Wyoming	99	21	21.2	
	California	4.654	930	20.0	
	Kansas	313	62	19.8	
	Colorado	942	172	18.3	
Is More Than One Opioid Crisis. To better tackle the epidemic, Kentucky needed to know which drugs	Kentucky	1.419	253	17.8	
ausing lethal overdoses. By Kathryn Casteel Published Jan. 17, 2018.	Missouri	1.371	199	14.5	
Gentling sight com/features/there-is-more-than-one-opioid-crisis/. Accessed January 18, 2018.	North Dakota Arizona	1.382	11	14.3	

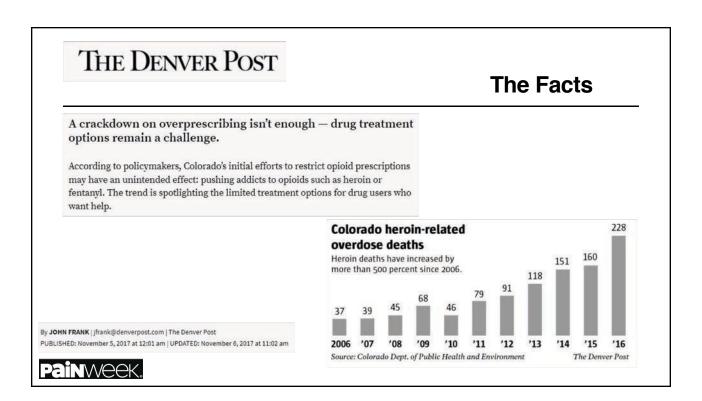
		mmon drugs found in Kentu d on an analysis of 1,471 drug overd	San Reason Standal		
Individual drugs		Two-drug combinations	(	Three-drug combinations	
DRUG	SHARE	DRUGS	SHARE	DRUGS	SHARE
Morphine	45.4%	Heroin, morphine	24.3%	Heroin, morphine, codeine	16.61
Fentanyl	37.0	Fentanyl, morphine	23.7	Heroin, morphine, fentanyl	11.6
Gabapentin	32.6	Codeine, morphine	20.0	Morphine, codeine, fentanyl	9.3
Alprazolam	25.5	Heroin, codeine	16.6	Heroin, morphine, THC-COOH	7.9
тнс-соон	24.9	Gabapentin, morphine	14.2	Heroin, codeine, fentanyl	7.6
Heroin	24.7	Morphine, THC-COOH	12.8	Fentanyl, morphine, THC-COOH	7.3
Codeine	20.7	Alprazolam, morphine	12.6	Alprazolam, heroin, morphine	7.3
Ethanol	18.4	Methamphetamine, amphetamine	12.0	Gabapentin, heroin, morphine	7.1
Oxycodone	17.2	Heroin, fentanyl	11.7	Gabapentin, fentanyl, morphine	6.8
Methamphetamine	17.1	Oxycodone, oxymorphone	11.5	Alprazolam, codeine, morphine	6.6

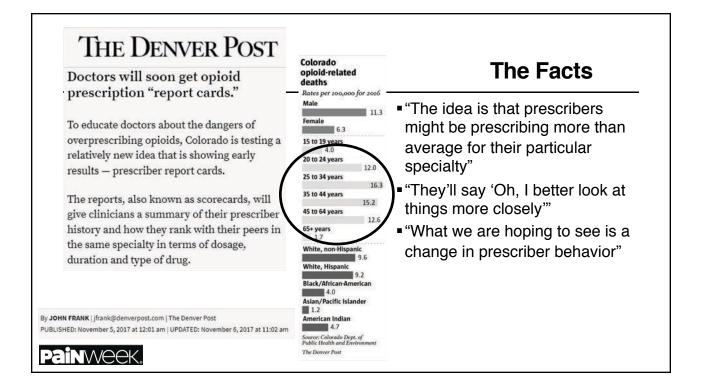
















# THE DENVER POST

NEWS HEALTH

Chronic pain patients say they are hurt by Colorado's opioid prescription guidelines

Some Colorado doctors are refusing to prescribe opioids to chronic pain sufferers



David and Marjorie Orthman discuss David's painful form of cystic fibrosis Dec. 6, 2016 at their home.

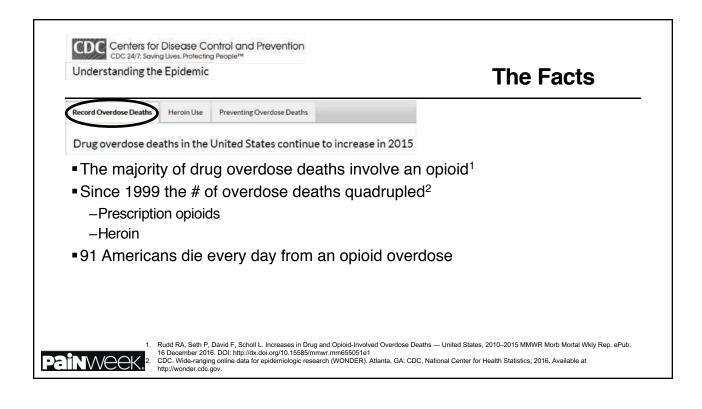
By JOHN INCOLD | jingold@denverpost.com | The Denver Post PUBLISHED: December 6, 2016 at 9:37 pm | UPDATED: December 7, 2016 at 10:31 am

Week

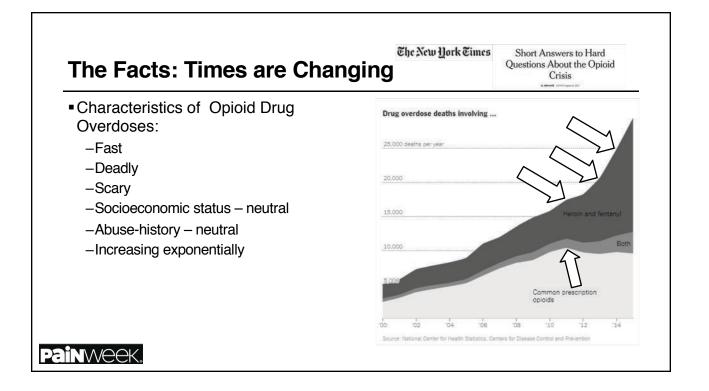
# The Clinical Implications

Now, across Colorado and the rest of the nation, these policies intended to address opioid abuse have unexpectedly harmed patients who depend on the drugs to treat chronic conditions, pain specialists and patient advocates say. The policies are supposed to offer guidance — helpful advice to doctors to be cautious in prescribing more than a certain amount of opioids to any one patient.

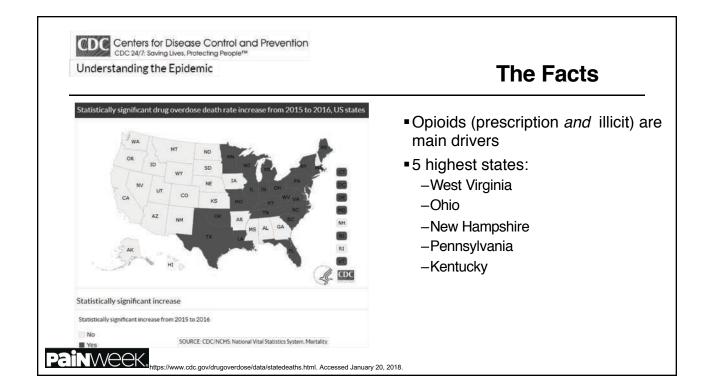
Officials at the Colorado Department of Regulatory Agencies are looking at revising the guidelines. The Colorado Consortium for Prescription Drug Abuse Prevention, a group of medical and drug experts, is also working on ideas to protect pain patients while cracking down on opioid abuse.

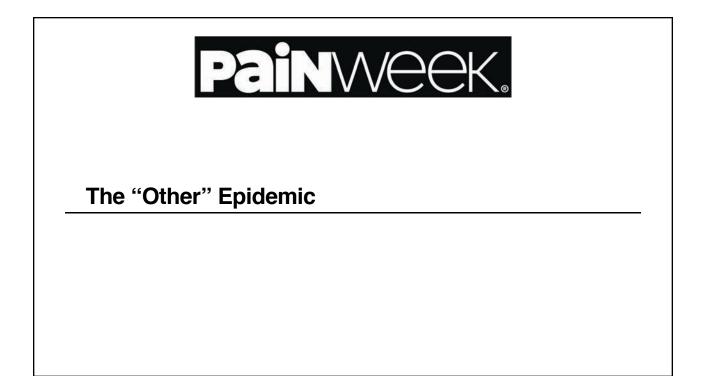


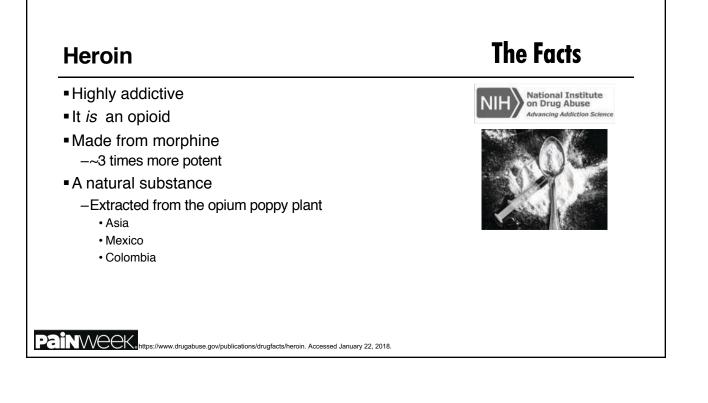
ornaer orannanng en	e Epidemic		The Facts
			The Facis
Record Overdose Deaths	Heroin Use	Priventing Overdose Deaths	And a second
Heroin use is tre	ndingup		
	· •	bast month/yea 18-25 year olds	ar heroin use and addiction have all s <sup>1</sup>
Among nev using heroi		users, 75% re	eport abusing prescription opioids prior to
Heroin-rela	ated dea	ths more than	tripled from 2010-2015
_The large		se was for those	heroin-related deaths involving synthetic opioids -
FENTAN	. –		
•			



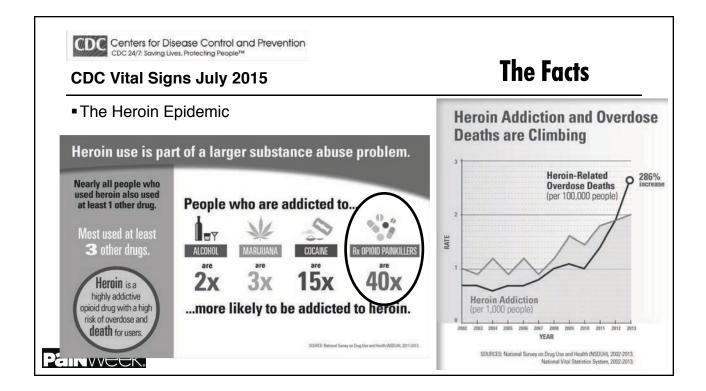
Inderstanding the Epidemic	Implications
ecord Overdose Deaths Heroin Use Preventing Overdose	Deaths
Improved opioid prescribing	
Expanded access to substan	ce abuse treatment
Naloxone	
Prescription Drug Monitoring	Programs (PDMPs)
State-level strategies to preve	ent high risk prescribing and opioid overdoses
Improved detection of illegal	opioid use by law enforcement

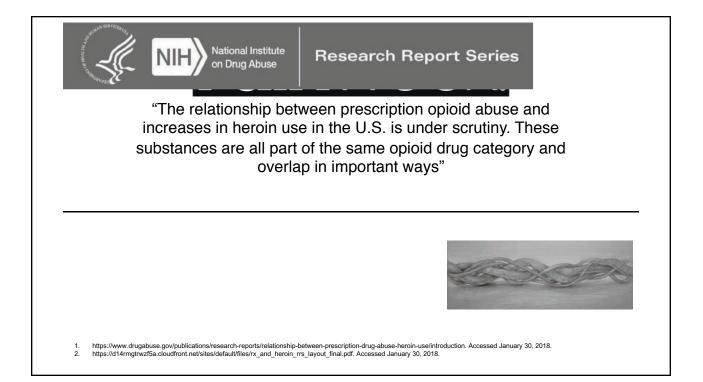


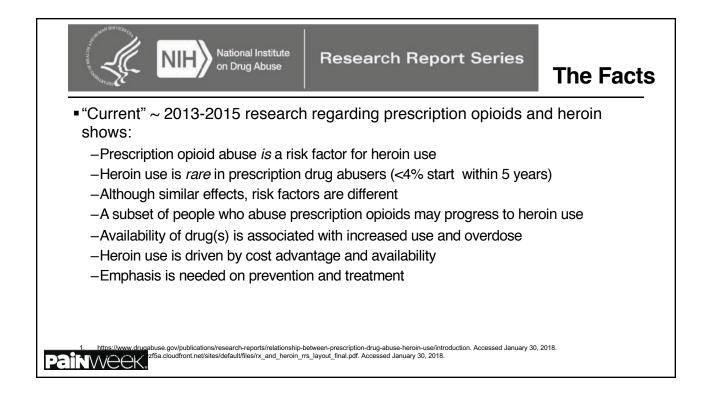


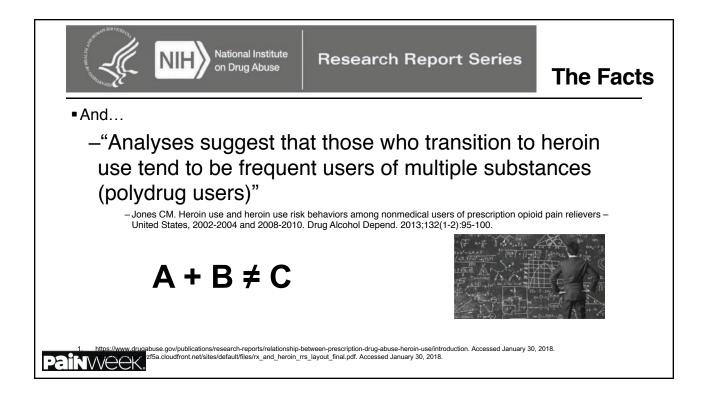


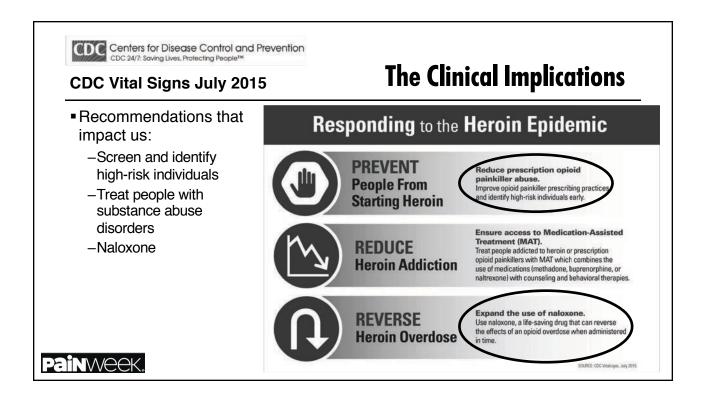
Understanding the Epidemic	Th	ne Fa	acts	5
Heroin use has been increasing <sup>1</sup>	Heroin Use H	as INCR	ASED 4	mong
-Men	Most Demog			anong
		2002-2004*	2011-2013*	% CHANGE
–Women	SEX Male	2.4	3.6	50%
Most and around	Female	0.8	1.6	100%
–Most age groups	AGE, YEARS			
–All income levels	12-17 18-25	1.8 3.5	1.6 7.3	109%
	26 or older	1.2	1.9	58%
Past misuse/abuse of prescription opioids is the	RACE/ETHNICITY			
· · · ·	Non-Hispanic white Other		3	114%
strongest risk factor for starting heroin <sup>2</sup>	ANNUAL HOUSEHOLD I		1.2	
	Less than \$20,000	3.4	5.5	62%
	\$20,000-\$49,999		2.3	77%
	\$50,000 or more	WEDDOF	1.6	60%
	HEALTH INSURANCE CO None	4.2	6.7	60%
	Medicaid	4.3	4.7	
	Private or other	0.8	1.3	63%
	*Annual average rate of her	ain uso (por 1.000 i	poople in each (	roup)

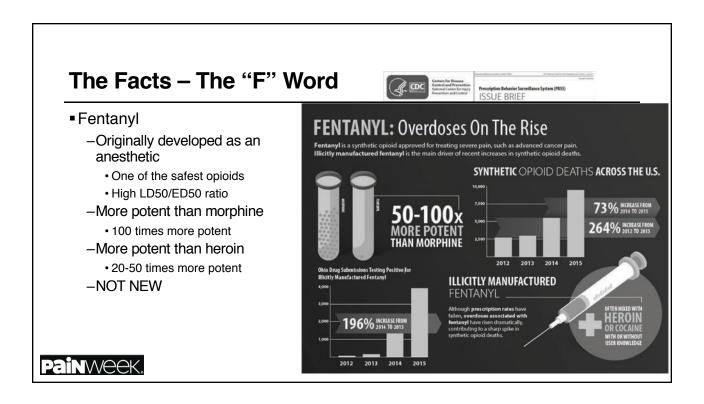












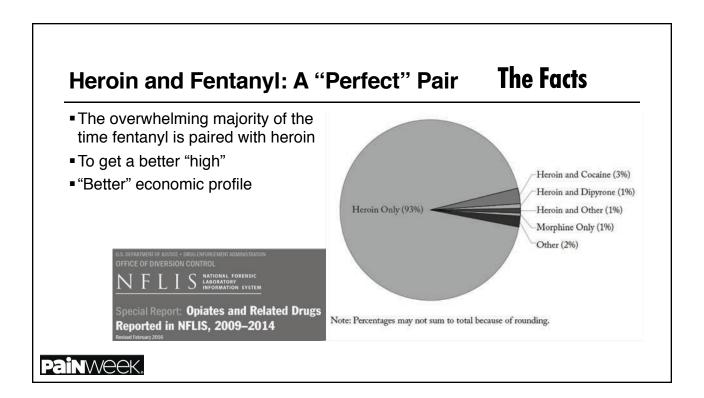
## Case 1

42 year-old Hispanic male

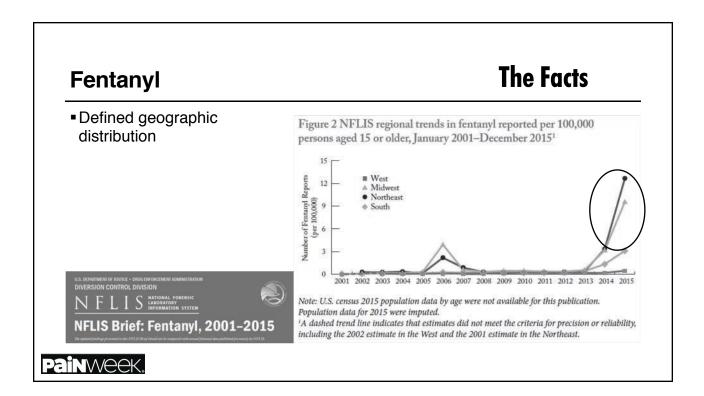
- -Addicted to heroin
- -Comes to the same street corner every day to buy heroin
  - First dose usually free
- -He's actually buying heroin laced with fentanyl
- -"It's a new epidemic" he says
- -"If you catch a bag of pure fentanyl, that Narcan ain't bringing you back"
- -"I just watched my friend die from fentanyl"

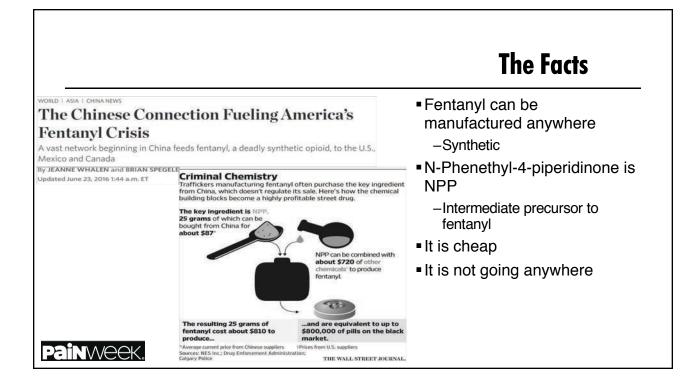


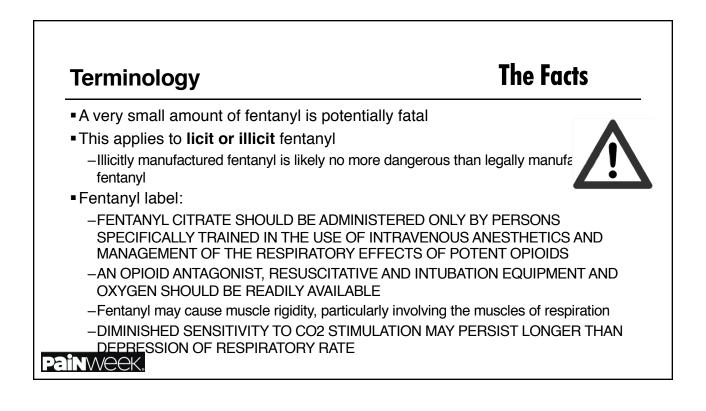


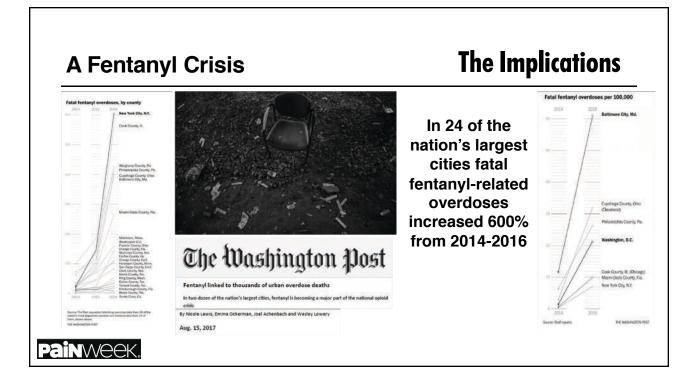


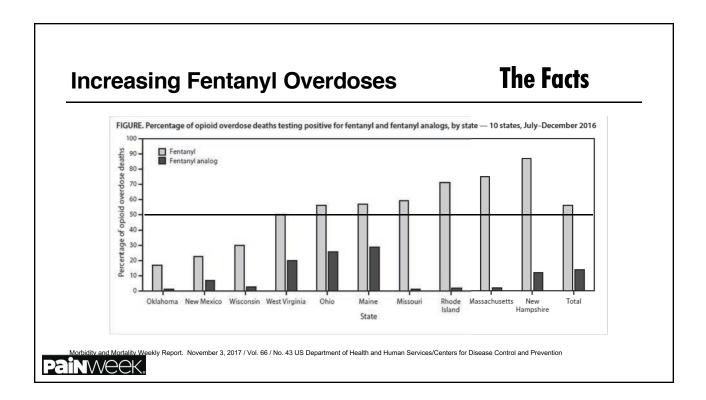
Fentanyl		The Facts	
Drug seizures involving fentanyl are going up dramatically	Drug seizures cont	aining fentanyl	
	Fentanyi reports		
	20.000		
	15.000		
	10,000		
U.S. DEPARTMENT OF AUSTICE + DRUG ENFORCEMENT ADMINISTRATION DIVERSION CONTROL DIVISION	5,000	A 2006 spike was traced to a single lab in Mexico	
	the site of the site		
NFLIS Brief: Fentanyl, 2001–2015	01 02 03 0 Source: D.E.A. National Fo	4 '05 '06 '07 '08 '09 '10 '11 '12 '13 '14 '15 '1 rensic Laboratory Information System	

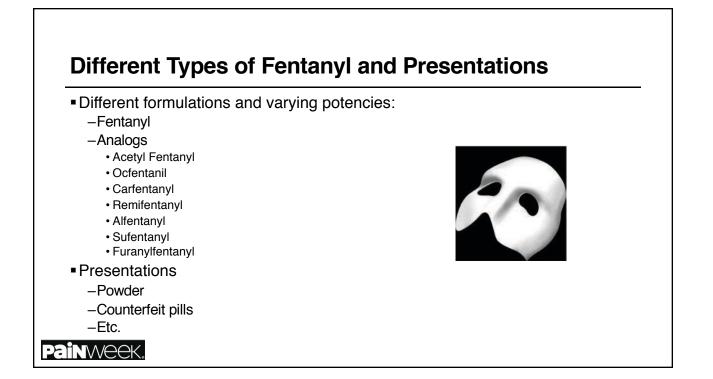














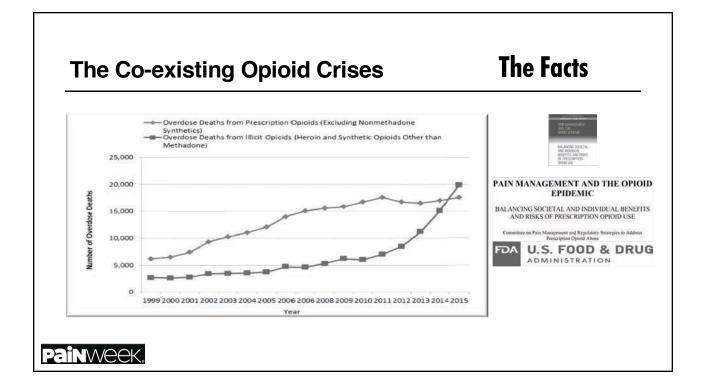
## The Facts

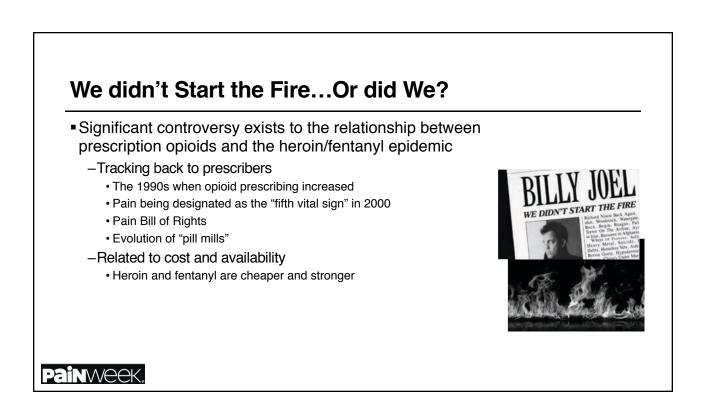
- Fentanyl in the wrong hands is deadly
- Potentially contributing significantly to overdose/fatal overdose risk
- Analogs not often tested for in routine toxicology testing
- Naloxone is a bridge to survival but not a final solution
  - -Re-narcotization from fentanyl is common
  - -CO<sub>2</sub> will persist
  - -Diminished hypoxic drive may persist

#### Painweek.

# SUMMARY

PAIRWEEK





## Case 2

- 26 year-old white female
  - -Has 2 children ages 4 & 7 who live with their godmother
  - -Became addicted to opioids after being prescribed oxycodone post C-Section
  - -Addiction to oxycodone transitioned to heroin
  - -Addiction to heroin transitioned to heroin/fentanyl
  - -- "If there's no fentanyl in it, I don't want it at all"
  - -Tried 14-day rehab without success
    - "This is all I know anymore ... It's all I know "







UNODE

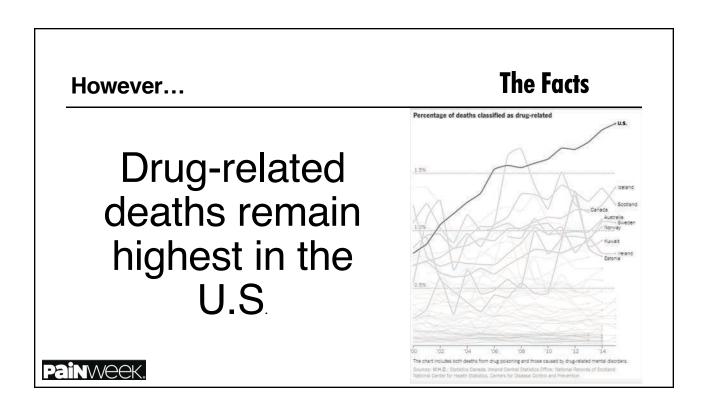
# Does the United States Own The Problem??

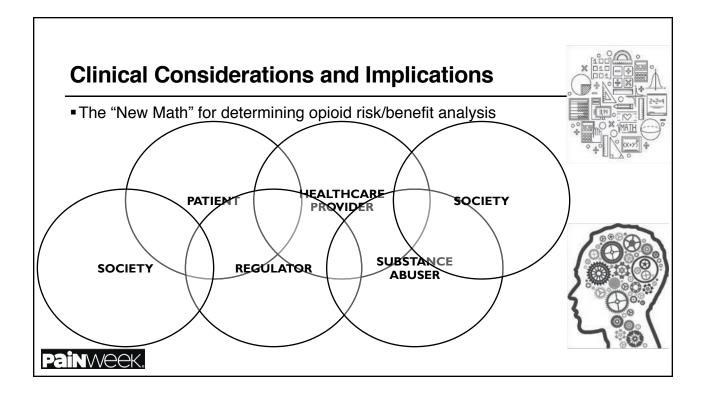
UNODC

EXECUTIVE SUMMARY

CONCLUSIONS AND POLICY IMPLICATIONS

- •We are not alone
- This is a global issue
- In 2015, approximately ¼ billion people abused/misused drugs
  - ~ 29.5 million (0.6% of global adult population) engaged in problematic use/suffered from substance use disorder
- 70% of the global burden of disease caused by drug use disorders attributable to opioid use





## **Final Thoughts**

- We must consider the parallel "opioid" crises that exist today
  - -Our role in these problems
- Heroin and fentanyl are not going anywhere
- Remember the "New Math"
- Naloxone is likely something to keep top of mind
- Avoidance of "risky" situations is critical
- Strongly consider and document appropriate candidates for fentanyl-based therapies
- Everyone is looking at us as an integral part of solving this "other" opioid crisis
- Everyone is looking to us to be a part of the solution



