# **Topical Analgesics as Alternative First-Line Agents**

- September 11, 2020
- This activity is provided by Global Education Group.
- This activity is supported by an educational grant from Hisamitsu.

### **Target Audience**

Healthcare providers who treat and manage acute and chronic pain, including Internists, Health System Pharmacists, Nurse Practitioners, Primary Care Physicians, Physician Assistants, Physical Therapists, and Psychologists.

### **Statement of Need/Program Overview**

As the opioid crises continues to loom over the landscape of pain management, there is a growing interest among practitioners for alternative analgesia and delivery systems. As such, topical and transdermal therapeutic options are being utilized with greater frequency among pain practitioners

# **Educational Objectives**

After completing this activity, the participant should be better able to:

- Discuss adverse effects associated with systemic analgesics
- Identify anatomic targets for topical medications
- Identify active ingredients well suited for topical delivery
- Differentiate various formulations of topically applied medication
- Explain the effectiveness and potential adverse reactions of topical preparations

### **Faculty**

Jeffrey Gudin MD Englewood Hospital, Rutgers NJ Medical School

### **Program Agenda**

9/11/2020: 11:00AM/ET - 12:00PM/ET

## **Physician Accreditation Statement**

Global Education Group is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### Physician Credit Designation

Global Education Group designates this live virtual session for a maximum of 1.0 AMA PRA Category 1 Credit $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# **Nursing Continuing Education**

Global Education Group is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity for 1.0 contact hours is provided by Global Education Group. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

# **Pharmacist Accreditation Statement**



Global Education Group is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

### **Credit Designation**

Global Education Group designates this continuing education activity for 1.0 contact hour(s) (0.10 CEUs) of the Accreditation Council for Pharmacy Education. (Universal Activity Number - 0530-0000-20-183-L01-P) This is a knowledge based activity.

#### **Global Contact Information**

For information about the accreditation of this program, please contact Global at 303-395-1782 or cme@globaleducationgroup.com.

#### **Instructions to Receive Credit**

In order to receive credit for this activity, the participant must complete the session specific evaluation and application provided at the end of the session.

# **System Requirements**

PC MAC

Microsoft Windows 2000 SE or above. MAC OS 10.2.8

Flash Player Plugin (v7.0.1.9 or greater) Flash Player Plugin (v7.0.1.9 or greater)

Internet Explorer (v5.5 or greater), or Firefox Safari

Adobe Acrobat Reader\* Adobe Acrobat Reader\*

Internet Explorer is not supported on the Macintosh.

### Fee Information& Refund/Cancellation Policy

There is no fee for this educational activity.

#### **Disclosure of Conflicts of Interest**

Global Education Group (Global) requires instructors, planners, managers and other individuals and their spouse/life partner who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by Global for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

The **faculty** reported the following financial relationships or relationships to products or devices they or their spouse/life partner have with commercial interests related to the content of this CME activity:

Name of Faculty or Presenter	Reported Financial Relationship
Jeffrey Gudin MD	Consultant/Independent Contractor: BDSI,
	Bio Baudax, Ensysce, Glaxo, Helixsmith,
	Hisamitsu, Lily/Pfizer, RedHill Biopharma,
	Quest Diagnostics, Salix, Sanofi, Scilex, US
	WorldMeds, Versea
	Stock Shareholder: Analgesic Strategies,
	Virpax

The *planners and managers* reported the following financial relationships or relationships to products or devices they or their spouse/life partner have with commercial interests related to the content of this CME activity:

Name of Planner or Manager	Reported Financial Relationship
Ashley Marostica, RN, MSN	Nothing to disclose
Lindsay Borvansky	Nothing to disclose
Andrea Funk	Nothing to disclose
Liddy Knight	Nothing to disclose

<sup>\*</sup>Required to view printable (PDF) version of the lesson.

## **Disclosure of Unlabeled Use**

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. Global Education Group (Global) does not recommend the use of any agent outside of the labeled indications.

The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of any organization associated with this activity. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

# Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.